

Smooth Riding the Pridmore Way

Advanced Motorcycle Skills through Confidence and Control

by Reg Pridmore with Geoff Drake

Former AMA Superbike racing champion Reg Pridmore, known worldwide for his popular CLASS Motorcycle Schools, brings his decades of experience on the track, street, and classroom to the readers of this new riding skills book.

A long-time proponent of the value of smoothness, control, and body-steering, Pridmore's insightful book explains how the techniques that helped him win championships can help everyday motorcyclists and budding racers become better, safer riders. Sections on street strategies and riding gear make this a comprehensive how-to riding skills book for anyone looking to improve their skills. An ideal follow-on to beginner how-to-ride books like *Motorcycling Excellence*.

After reviewing the basics, Pridmore shows advanced students how to focus on control in cornering, braking, and acceleration. There are also chapters devoted to riding psychology, throttle management, shifting and body positioning, as well as tips on bike setup and plenty of information on traffic techniques and accident avoidance. Pridmore illustrates points with colorful anecdotes from his own riding, racing, and teaching career.

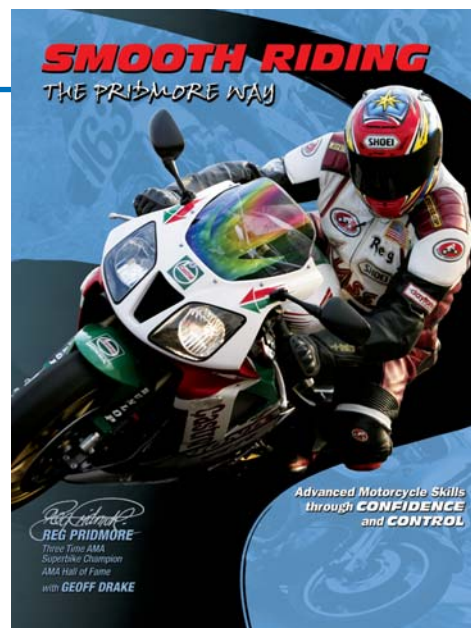
"I believe that being smooth isn't just an artful or elegant way to ride the bike, though it is those things, too," Pridmore writes. "You need to be smooth before you can go fast, and you need to be smooth to be safe. I also put a lot of emphasis on 'body steering'—using subtle weight shifts to initiate turns, rather than being forceful with the handlebar."

Contents

- Attitude
- Smoothness
- Braking
- Throttle Management
- Body Steering
- The Correct Cornering Line on Road and Track
- Street Strategies
- Special Conditions
- Equipment, Setup, and Safety Gear
- Two-Up and Group Riding

The Authors

Reg Pridmore got his first motorcycle as a teenager in 1955. Since then he has built an impressive racing career boasting an AFM and three AMA Superbike racing championships. In 1986 he founded the CLASS motorcycle safety school in California, which now teaches motorcyclists around the world expert riding and safety skills. Geoff Drake is a lifelong motorcyclist and the former editor of *Bicycling Magazine*. He has also written for national magazines, such as *American Motorcyclist*, *Men's Health*, *Mountain Bike*, and *Rider*. He lives with his wife and daughter in Aptos, California.



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Key Selling Points

- AMA Motorcycle Hall of Famer and National Superbike Champion 1976, 1977 and 1978, Reg Pridmore is one of the most recognizable names in motorcycling
- Motorcycling skills and riding manuals are the fastest selling books in the motorcycle market
- Reg Pridmore, in his international CLASS Motorcycle Schools, has taught several thousands of riders in only the past few decades

Book Data

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